

Come Back, Ray. "This game's for you and me." by Bob Ericson

"Come back Shane! Shane! Come back, come back!" Remember those haunting words spoken by young Brandon de Wilde in that classic western?

Or would you rather have some **come back** definitions: return to a previous state; a witty answer; ground for complaint; come from behind to win.

These compelling words formed the theme adopted by Top Flight for the 25th anniversary celebration to make the tournament a very special event. Past players were invited to "come back". Over 70 players from 11 states accepted the invitation and "came back" and play in the **Ray Scott Open** on October 11, 1997.

Septuagenarian **Priscilla Healey** came the longest distance — from Canton, Massachusetts. She came she said "to honor Ray".

Carl and Sandra Norton "came back" from Madison, Wisconsin. "To play in the 25th annual," they said. "It's fun...not to win, but to honor Ray," is how Carl described his sojourn to Omaha. Sandy echoed his comment. (A photo of Sandy mysteriously made it into the tournament program somehow. It was interesting to see how long it took to be noticed.)

Russ and Mary Ann Bowles of St. Louis "came back" too. Mary Ann was delighted to see so many cities represented. She added, "It was neat to look in the scrapbooks and see who was here 10-15 years ago." (Ray's three scrapbooks which are always on display at the tournament, chronicle Top Flight Badminton Club activities over the years. Many memories are contained in this one-of-a-kind memorabilia collection. Thanks, Ray. This game's for you and me.)

Little did we know when we started our letter campaign back in August, that one person would have to make a special effort to "come back' for this tournament, **Ray Scott** himself.

Ray had been convalescing at home after spending

Please see Ray Scott Open page 4

For the 25th Anniversary of the Ray Scott Open, the trio **Peter, Paul and Morrie** penned this song to the tune of This Land is Your Land by Woody Guthrie:

This Game is His Game

[Refrain:] This game is his game, This game is our game, From the Open to the Platinum Masters From California to the state of Flo-ri-da, Thanks Ray, this game's for you and me.

[Verse:]

There was a time, not long ago, This game's life was a fading glow. But this man's fire made the game burn brightly, Now this game is played by you and me.

[Refrain:]

This game is his game, This game is our game, In Omaha, or St. Louis's gateway, From shore to shore, and along each highway. Thanks Ray, this game's for you and me.

[Verse:]

With the warmest smile, he's there to greet you, Off to the court, where he'll soundly beat you, He rattles your nerves with deadly serves, THAT'S RAY! This game's for you and me. PRESS ON!!!

[Refrain:] This game is his game, This game is our game, From Top Flight's Club to scrapbook mem'ries, From "hors de combat" to the USBA. Thanks Ray, this game's for you and me.



The Flick is published monthly by the Midwest Badminton Association during the months of September through June.

Advertising rates per issue: Full page \$55 (\$40 if 6 or more issues) Half page \$35 (\$25 if 6 or more) Quarter page \$25 (\$20 if 6 or more)

Tournament entry forms will be printed and distributed with *The Flick* for a \$75 fee. Please submit forms to the Editor *at least* eight weeks before your entry deadline.

Make checks payable to the Midwest Badminton Association.

Editor:

Sue Vartanian 41555 S. Bellridge Apt 621 Belleville MI 48111-1584 313-697-3186 313-482-0442 weekends

Deadline: Articles and entries and other material may be submitted at any time. But to guarantee that your submission will be in the next issue, it should get to the editor by the 10th of the month prior (e.g. to be in June issue, send by May 10th). Otherwise, it will be printed at the editor's discretion.

Tournament results and drawsheets should include full names of participants and match scores. An article would be nice, too. Send printed material or **3.5" disk** with "text only" to address above. Please include your telephone number. Or e-mail **mbaflick@aol.com**

Tournament Calendar

December 6-7 Mad City Open Madison, Wisconsin Contact: Jo Matzner 608-238-8994

December 13-14 Midwest Closed Senior Championships Dayton, Ohio Contact: Sue Vartanian 313-697-3186

January 10-11 Kentucky State Open Louisville, Kentucky Contact: Charles & Bobbie Norton 502-426-3219

January 17-18 Indiana State Open Terre Haute, Indiana Contact: Dawn & Bharat Patel 765-349-0662 February 7-8 Ball State Open Muncie, Indiana Contact: Meredith Wertz 765-214-8690 e-mail: MLWertz@bsuvc.bsu.edu

> February 13-15 Wisconsin Open Waukesha, Wisconsin Contact: Tony Powell 414-427-8658

March 13-15 Ann Arbor BCD Open Ann Arbor, Michigan Contact: Sue Vartanian 313-697-3186

As soon as your tournament/camp has been scheduled, send dates, location and contact person to *The Flok*, and it will be listed here. There is no charge for this service. Entry forms will be distributed with *The Flok* for a \$75 fee. (See info box.)

If you would like to include your tournament's entry form on the MBA webpage <http:pages.prodigy.com/mbapage>atno cost, please send a copy to: Jessica Morgan (see below)



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Please send all newsletter material to **Sue Vartanian** (See box above left)

USAB Circle City Classic Indianapolis, Indiana October 17-19, 1997

Open Men's Singles

- A Kevin Han def. Andy Chong 15-5, 15-6
- A Cons. C. Ioan def. Mike Walker by default
- *B* Andrew Lovell def. Steven Meister 15-5, 12-15, 15-3
- C Kian-Lam Toh def. Ming-Kun Hsieh 15-10, 15-11
- D Guangming Chen def. Ron Garrett 12-15, 15-5, 15-11
- *E* Clifford Travis def. Eric berg 15-10, 15-7

Open Women's Singles

- A Cindy Shi-Han def. Becky Wu 11-4, 11-3
- A Cons. Sunny Kim def. Mamta Ruecker 8-11, 11-5, 11-2
- B Karthi Gopalan def. Kristin Artman 11-8, 11-4
- C Jodie Harroun def. Katie Byrne 11-8, 11-5
- D Jennifer Coleman def. Helen Schumacher 7-11, 12-10, 11-6
- E Lee Ann Alwine def. Erin Ackerman 11-7, 5-11, 11-5

Open Men's Doubles

- A Trisna Gunadi & Ben Wu def. Andy Chong & Kington Hooi 15-6, 15-7
- A Cons. A. Del Carpio & C. Ioan B. def. Malaythong & A. Holleran 15-7, 16-17, 15-10
- B Pratap Naick & Ian Buckley def. Derek Lee & Tai-Chieh Huang 15-6, 18-15
- C Erwin Erwin & Mohd Fadzil def. Simon Noel & David Blankenship 7-15, 18-16, 15-13
- D Guangming Chen & Hendrawan Soeleman def. Chris McLaughlin & Jim Safranek 15-12, 15-12

E Ivan Setiawan & Hermawan Hartanto def. Lasse Borg & Sam Rousse 17-14, 15-5

Open Women's Doubles

- A Eileen Tang & Becky Wu def. Cindy Shi-Han & Janis Tan 15-5, 15-11
- A Cons. Lyra Ghose & Nancy Kinnett def. K. Gopalan / Lotte Dock 15-12, 15-11
- B Mamta Ruecker & Dunja Pukowski def. Mary Ann Bowles & Kristin Artman 7-15, 15-7, 15-10
- C Katie Byrne & Jennifer Coleman def. Fumi Shibata & Sue Vartanian 9-15, 15-12, 18-16
- D Wen-Chin Yao & Emily Moy def. Norma Trusler & Kathy Gard 12-15, 18-17, 15-5
- E Deborah Artman & Jessica Morgan def. Linda Downey & Vickie McIntyre 17-16, 15-6

Open Mixed Doubles

- A Andy Chong & Becky Wu def. Bob Malaythong & Cindy Shi-Han 15-10, 15-8
- A Cons. A. Del Carpio & Dawn Patel def. Kingston Hooi & S. Louie 17-14, 15-1
- B Steven Meister & Chern Nee Tan def. Fleming Madsen & Lise Lotte Dock 15-13, 17-14
- C Andrew Lovell & Jodie Harroun def. John Brander & Sandra Anselmini 15-8, 15-11
- D Nugroho Di Purnomo & Heather Baburek def. Jiunn Zie Teo & Deborah Artman 15-8, 13-15, 15-8
- E Dan Sovar & Jennifer Coleman def. Kin Hong & Elisabeth Schmidt 15-8, 9-15, 15-10

35+ Men's Doubles

A Bill Mason & Tony Kyle def. Philip Sleet & Ron Garrett 15-

5, 15-3

Cons. Pok-Yong Chee & Dan Kosierowski def. James Hing & Tony Powell 18-17, 15-11

35+ Mixed Doubles

- A Ian Buckley & Gloria Eli def. Don Ross & Dawn Patel 15-10, 15-5
- Cons. Philip Sleet & Sue Vartanian def. Harvey Look & Helen Schumacher 15-2, 15-9

50+ Men's Doubles

- A Sukit Surapiboonchai & Stephen Wang def. Ed McSweeney & Dick Witte 15-11, 17-14
- Cons. James Sovar & Tony Powell def. Willie Pollard & Ron Gross 15-6, 8-15, 15-10

50+ Women's Doubles

- A Gloria Eli & Helen Schumacher def. Fumi Shibata & Clara Cochran 15-10, 15-12
- Cons. Dorothy Fark & Priscilla Cope def. Bea Zimmer & Georgia Gross 12-15, 15-11, 15-8

50+ Mixed Doubles

- A Stephen Wang & Fumi Shibata def. Willie Pollard & Priscilla Cope 15-0, 15-3
- Cons. Ron Gross & Georgia Gross def. Bob Clay & Bea Zimmer 15-11, 15-12

Junior Boys' Singles

A Adam Holleran def. Lasse Borg 15-4, 15-4
Cons. Ken Yee def. Cristopher Allen 15-6, 15-2

Junior Girls' Singles

A Jennifer Coleman def. Erin Ackerman 8-11, 12-9, 11-5Cons. Lee Ann Alwine by default

Ray Scott Open continued from page 1

over two months in Midlands Community Hospital battling a viral infection. His presence at the tournament was in doubt until late in the day of the tournament. Since he tired very easily, Ray's time at the tournament was limited. We'll "come back" to Ray later in this article.

Each of the ten courts were specially decorated with a 25th Anniversary A-board. Thankyou sponsors; a nice touch. Over 118 matches were played between 9:30am and 11:30pm. Play was exciting and tough throughout the day in all events.

In Open Men's Singles, Jon Frisch defeated fellow Olympic Training Center athlete Bob Malaythong in three games. A small but enthusiastic audience applauded constantly throughout their lengthy match. Smashes, flat and snappy returns, plus hairpin drops, all connected by swift footwork, were in evidence during the match. Jon said the tournament had "great organization, best in the US I've seen."

When all the come backs were finished and the last shuttlecock hit the floor, the Colorado contingent — young and old

— hauled most of the awards home with them. All the open events were captured by the OTC athletes. Many of the senior events were won by other Colorado Springs participants.

The OTC players are great and have a bright future, but the determined, dedicated play of many of the oldsters deserves special mention. Since the number of entries in Master events was less than expected, many of the older entrants had to "play down" into younger categories to have enough competition. Of particular note was the steady, textbook court demeanor of **Jim Stabler** and **Grant Taggard** from Colorado Springs. Age didn't deter their cali-



Ray Scott was presented this drawing by Bob Ericson

ber of play. Just goes to show you that age doesn't mean a thing; it's how you play the game. Rubbing rackets with former Olympians at the Training Center isn't all bad either. One could see the "coaching" in their consistent play in both Senior and Master events. Russ Bowles and **Len Williams** finally figured out how to beat them in the Master Men's Doubles final by using drops and clears.

Priscilla Healey, one of the grand ol' ladies of US Badminton, also demonstrated that age doesn't matter. Priscilla, my favorite badminton lady, took home a first place medal in Master Mixed Doubles. While she was on court during one of her

> Women's Doubles matches, World-Herald photographer **Bill Batson** remarked to me, "Look at those gals" as he was taking photos.

Another memorable experience was seeing Steve Race and 8-year old son Nicholas play together. Oops. "8 and 1/2", according to Nicholas. Although a mismatch for all their competitions, Nicholas and Steve fought hard on every point. In the first round, for example, they lost their second game by only two points (16-18) to a veteran team, Ong and Ponniah from Omaha. Seeing father and son play together reminds me of one of our events in the Cornhusker State Games. More fami-

lies should do it. "Thanks, Ray. This game is for you and me."

But nothing in the tournament matched the "come back" of the "guru" himself. All the players were gathered together after partaking of another excellent buffet provided by **Sharon Frady** and her family. Sit-*Ray Scott Open continued on page 6*

December 1997

The Flick

Kentucky State Tournament

January 10 & 11, 1998 University of Louisville Student Activities Center

Registration begins Saturday January 10, 1998 at 8:00 a.m. - Play begins at 9:00 a.m.

Play on both days will start with Singles; followed by Doubles, then Mixed Doubles.

Cash awards given to winner and runner-up in A & B. Trophies for C & D.

Open to all U.S.B.A. members. Non-members may join at tournament.

Sanctioned by the USBA. USBA Rules: When you register, you MUST sign a USBA Release Form. You MUST show your USBA Membership Card or pay a \$5 00 fee.

Sponsored by the University of Louisville Badminton Club and the Louisville Badminton Club

This is an ABCD Drop Flight Tournament!

FEE: \$10.00 per event entered

Entry Deadline: January 4, 1998

Schedule:

Awards:

Events:

Registration:

Senior Men's Singles & Doubles (40-49)if sufficient entries (60-69)Registration beginsSaturday Jan. 10 at 8:00 a.m.Play begins at 9:00 a.m.Sunday, January 11 - play begins at 9:00 a.m.

McDonald's and Denney's nearby

Play begins Sunday at 9:00 a.m.

Twelve courts in Student Activities Center

Men's & Women's Singles

Mixed Doubles

Men's & Women's Doubles

There is a tournament fee of \$5.00 for non-members.

Senior Women's Singles & Doubles (40-49)

Hotels:

Davs Inn Central - Arthur St.-Phone -502-636-3781 - located two blocks from gym. S45.00 for up to four (4) people. Must call Inn direct and ask for the U of L rate.

Executive Studios - Arthur St. - New and very nice - Next Door to Days Inn. - \$69.00 for up to four (4) People (including full continental breakfast) Phone 502-638-6100. Take Arthur St. Exit off 1-65 to both hotels. Other hotels along 1-65 also.

Senior Mixed Doubles (40-49)

Master Singles, Doubles & Mixed

if sufficient entries (50-59)

Grand Master Singles. Doubles & Mixed

Directions to gym - Take the Eastern Parkway exit off I-65 to U of L Campus and Student Activities Center, which is located on Floyd Street between Warnock and Brandeis. Look for the Clock Tower atop the Student Activities Center.



WAIVER

It is agreed that all entrants waive any and all claims against the University of Louisville, the

University of Louisville Intramural and Recreational Sports Department and/or its employees, the Louisville Badminton Club, the United States Badminton Association, and its individual members for injury to themselves or others, or for property damage or loss of property incurred during the course of or while participating in the Kentucky State Badminton Tournament on January 10 & 11, 1998.

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Mail entries to:

Charles Norton 3819 Ashridge Drive Louisville, Kentucky 40241

(502-)426-5518 - home (502)426-3219 - office

Make Check Payable to Louisville Badminton Club

Entry fee must accompany entry

INDIANA BADMINTON OPEN

Sanctioned by the USAB, hosted by the Indianapolis Badminton Club

- DATE: Saturday, January 17TH and Sunday, January 18TH, 1998
- PLACE: Indiana State University, Recreation Center
 - 5TH Street, Terre Haute, Indiana

FORMAT: <u>SEPARATE FLIGHTS WITH FEED IN CONSOLATION. EACH DIVISION WILL BE</u> <u>A COMPLETELY SEPARATE DRAW. NO PLAYER WILL DROP DOWN TO</u> <u>ANOTHER DRAW. THE FOLLOWING DIVISIONS WILL BE PLAYED:</u> NOVICE DIVISION

- 'A' DIVISION SEPARATE DRAW
- 'B' DIVISION SEPARATE DRAW
- 'C' DIVISION SEPARATE DRAW
- 'D' DIVISION SEPARATE DRAW

Juniors, JrSr., Seniors, Masters - 'A' / CONSOLATION.

REGISTRATION: On Friday, 16TH from 9:00pm - 10:00pm. In the Badminton Registration Room at Larry Bird's Boston Connection, Otherwise on Saturday morning at the Recreation Center from 8:00am - 8:15am.

ELIGIBILITY: <u>ONLY</u> current USAB members may compete in this tournament. You <u>MUST</u> show your membership card when registering, if not a \$5.00 fee will have to be paid. Temporary USAB tournament memberships are available for \$5.00.

- ENTRY FEES: \$10.00 PER EVENT, Juniors \$8.00 per event. Maximum of 4 events.
- AWARDS: Cash for 'A' Division, Awards for all others.

 SCHEDULE OF PLAY
 Gym will open at 8:00am on Saturday. Check-in by 8:15am.

 Seniors & Noyice MIXED DOUBLES
 Promptly at 8:30am.

 OPEN MIXED DOUBLES
 Promptly at 9:30am.

 ALL Divisions SINGLES
 Approx. at 1:00pm.

 All Divisions(except Seniors) DOUBLES
 Approx. at 4:00pm.

> Sunday, Gym will open at 8:30am. Check-in by 8:45am. Seniors DOUBLES FINALS for 'B', 'C', 'D', & NOVICE FINALS FOR 'A' FINALS FOR 'A' To be announced.

15 MINUTE DEFAULT RULE

ENTRY DEADLINE: POSTMARKED BY JANUARY 2ND, 1998.

Phone in entries \$2.00 more. Send payment with entry. Make cheques payable to: Bharat Patel mail to: 5390 SR 37 N., Martinsville, IN 46151 For more information contact Dawn or Bharat Patel (765)349-0662

MISCELLANEOUS:

Shuttles will be sold for \$1.50 and will be furnished for the finals (2 per event except 'A'). Showers and lockers will be available. Stringing services will be provided by Louisville Badminton Supply. 18 MONDO (rubberized surface) courts available.

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Club, and Indiana State University for injury to themselves or others, or for property damage incurre during the course of the Indiana Badminton Open tournament.

SIGNATURE:	DATE:	AMOUNT ENCLOSED:
for guardian if under 18 years old.		

Results of the 25th Annual Ray Scott Open October 11, 1997 Offutt AFB, Nebraska

Open Men's Singles

A Jon Frisch (Colorado Springs, CO) def. Bob Malaythong (Colorado Springs) 4-15, 15-10, 18-13

Cons. Raghu Katragadda (Toledo, OH) def. Nee Fong Siah (Ames, IA) 15-4, 17-18, 15-4

Open Women's Singles

A Ngoc Tran (Colorado Springs)



Bob Malaythong & Jon Frisch

def. Janae Bennett (Colorado Springs) 11-5, 11-4 *Cons.* Kristin Artman (Fenton, MO) def. Manisha Sathe (Colorado Springs) 11-2, 11-1

Open Men's Doubles

 A Jon Frisch & Bob Malaythong def. Ryun Miglund (Colorado Springs) & Adam Holleran (Colorado Springs) 15-6, 10-15, 15-9

Cons. Sie-Kat Lua (Ames) & Sie-Min Lua (Ames) def. Wai-Kat Sze (Ames) & Swee-Lim Teh (Ames) 15-10, 10-15, 15-8

Open Women's Doubles

A Ngoc Tran & Janae Bennett def. Mary Ann Bowles (St. Louis, MO) & Kristin Artman 15-5, 15-2 Cons. Chris Anthes (Roselle, IL) & Manisha Sathe def. Deborah Artman (Fenton, MO) & Sandy Norton (Madison, WI) 18-16, 15-5

Open Mixed Doubles

A Bob Malaythong & Ngoc Tran def. Ryun Miglund & Janae Bennett 15-9, 17-15

Cons. Wasan Harpreet (Ames) & Yoke T. Yoon def. James Seal (St. Louis) & Kristin Artman 15-6, 15-5

Junior-Senior (35+) Men's Doubles

- A Bharat Patel (Martinsville, IN) & Jim Daniels (Waco, TX) def. Baloo Subramaniam (Ponca City, OK) & Len Williams (Bellevue, NE) 15-13, 12-15, 15-13
- Cons. Bill Adams (Chicago, IL) & Dan Collins (Chicago) def. Carl Norton (Madison) & Chandra Mowli (Colorado Springs) by default

Senior (40+) Men's Singles

Round Robin 1st Grant Taggard (Colorado Springs) 2nd Tom Wiederrecht (Colorado Springs) 3rd Jim Cooper (Omaha, NE)

Senior (40+) Men's Doubles

A Bharat Patel & Len Williams def. Jim Daniels & Baloo Subramaniam 17-16, 13-15, 18-17

Cons. Bill Adams & Dan Collins def. Carl Norton & Tom Wiederrecht 15-4, 15-0

Senior (40+) Women's Doubles

Round Robin 1st Mary Ann Bowles & Elly Bhuyan (Ballwin, MO) 2nd Priscilla Healey (Canton, MA) & Sandy Norton 3rd Tisha Diante (Colorado Springs) & Monique Peters (Colorado Springs)

Senior (40+) Mixed Doubles

- A Bharat Patel & Sandy Norton def. Len Williams & Mary Ann Bowles 15-7, 11-15, 15-7
- Cons. Tom Wiederrecht & Tisha Diante def. Carl Norton & Elly Bhuyan 15-10, 10-15, 15-6

Master (50+) Men's Doubles

A Russ Bowles (St. Louis) & Len Williams def. Jim Stabler (Colorado Springs) & Grant Taggard 7-15, 15-12, 15-11



Ngoc Tran and Janae Bennett

Cons. Bob Ericson (Omaha) & Dan Collins def. Carl Norton & Tom Cooper by default

Master (50+) Mixed Doubles

Round Robin 1st Len Williams & Priscilla Healey 2nd Dan Collins & Sandy Norton 3rd Carl Norton & Elly Bhuyan

Novice Singles

Round Robin 1st Bryan Flaherty (Colorado Springs) 2nd Nicholas Race (Martinsville) 3rd Watinee Bhothikhun (Omaha)

Tournament/Novice Men's Doubles

Bryan Flaherty & Adam Holleran def. Steve Race (Martinsville) & Nicholas Race 15-12, 12-15, 15-6

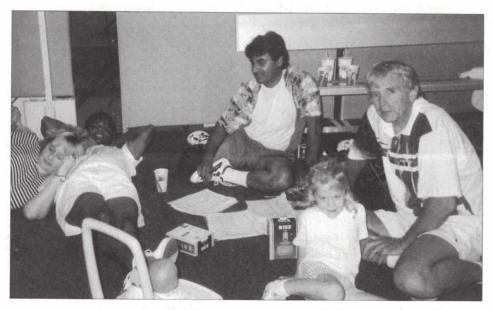
Ray Scott Open continued from page 4

ting in a wheelchair, smiling and waving while escorted by fellow Top Flighters **Jim Cooper**, **Chris Branch** and **Hank Schuring**, Ray entered the Frady Fitness Center, accompanied by applause. As Ray's wheelchair rolled to a stop, well-wishers lined up to greet Ray — just like a king receiving his court. Handshakes and hugs prevailed. Photos were taken. Ray was presented with his very own badminton flag by **the Artmans** from St. Louis. Ray loved it.

As players sat cross-legged or reclined upon the floor, Tournament of himself (which I created and drew for him). Len was the only other person who knew this presentation was coming, so it surprised everyone. That's what we wanted it to be: Our special Top Flight Club gift to Ray Scott.

After the dinner entertainment was over, Ray was wheeled out by his three coachmen to a standing ovation. Contacted by phone later that week, Ray said, "[It was] a marvelous ceremony. I was really impressed...I felt like a dignitary." Ray, you *are* a dignitary.

The entertainment was provided by "Peter, Paul and Morrie" who



Participants resting at the Ray Scott Open: (left to right) Maribeth and Baloo Subramaniam, Bharat Patel, Sydney and Steve Race.

Director Len Williams welcomed Ray to the tournament. Another round of applause ensued. Ray was basking in the spotlight, but you could see he really wasn't his usual ebullient self and had to concentrate to keep up with what was going on. Ray was designated to pull the winning raffle ticket out of the John Frady Golden Master Mixed Doubles Trophy. John Stabler won the racket that Russ Bowles donated.

Then Ray was presented with an original 18" by 24" framed drawing

were back by popular demand. Top Flight's own **Tom Lucas**, who plays washtub bass was accompanied by guitarist **Bryan Whiteside** and vocalist **Ron Green**. They opened their performance with *Greenback Dollar* and *Tijuana Jail*. Nearly an hour passed by the time PPM finished their rendition of *The Beer Song*. (How do they remember all those brand names and say them so fast?) None of the three, incidentally, will own up to which one of the group is Peter, Paul or Morrie. When we ask the question every year, they always have the same answer: "If you know, please tell us, 'cause we don't know either."

Mary Ann Bowles, summed it up: "Peter, Paul and Morrie's song for Ray — 'This game's for you and me' — is what badminton is all about." Over 70 players "came back" and found out what this game's all about! If you didn't come back, then you missed a memorable get-together.

That's where I messed up. I should have Brandon de Wilde calling, "Come back, badminton players. Come back." Next time, Brandon. Next time.

Swatters need support

Two very involved badminton players in Region 2 need your support this winter.

Ray Scott, one of the first every Platinum (80+) badminton stars in the history of badminton in the US and a former USAB Executive Director, had a long hospital stay this Fall. He is now home making a slow but steady recovery. Everyone is encouraged to send him cards and/or notes of encouragement—he needs our support. His address is:

Ray Scott 406 Circle Street Papillion NE 68046-2735

The other player in need of our support is **Steve Race**, former MBA Senior Champion and MBA Board member. Some of you may have seen Steve and his family at the Ray Scott Open in October. Since then he has undergone major surgery and is making a recovery. Cards and/or notes of encouragement for him would let him know MBA players miss him and wish him the best. His address is:

Steve Race 5122 Jensen Road Martinsville IN 46151-8401

In tune with your rhythms

(This article was reprinted with permission from "Living Smarter," Fall 1993.)

"Half your life is spent trying to find something to do with the time we have rushed through life trying to save." Will Rogers

Exploring the relationship between your body and the time of day may help your identify your own personal seasons or "life cycles," offer insight into your body's needs and capabilities, and help you achieve maximum productivity and well-being. Your body clock should be able to help you judge the level at which you are able to function at any given period, and how you might monitor your health and activities to improve them.

According to experts, the influence of cycles depends upon your age, education, health, circumstances and, of course, your personality. But if you know in advance when your "down times" most likely will occur, you can be prepared with a project, break, or recreational activity to fill the time most appropriately.

According to Health magazine, many people experience similar cycles throughout a typical day.

9-10 a.m.

Short-term memorization works best between these hours. This is a good time to hold a meeting — but be sure to take notes! Such short-term memories last only 10 minutes.

10 a.m. to Noon

This is a terrific time to tackle a tough task. Analytical and reasoning skills are in high gear, making this a good time to map strategies, balance the books, conduct important business meetings or give a speech. You'll be wide awake (and so will those around you) to give closing arguments, recite the Gettysburg Address or flex your problem-solving muscle.

1-3 p.m.

Whether you've had lasagna for lunch or not, it's common to feel dull

and sleepy between these hours. Typically, afternoon sluggishness kicks in roughly midway between your usual wake-up and bedtime hours. Since it's unlikely you'll be able to nap on the job, try exercising at lunchtime to perk yourself up. If you're lucky enough to catch a nap, make it shorter than two hours, or you may find yourself more sluggish than ever — and you may imperil your sleep cycle.

3-4 p.m.

Alertness peaks between these late afternoon hours. Long-term memory and hand-eye coordination also are likely to be very high. This is a key time to practice or give a speech, play badminton or hone up on research.

4-6 p.m.

Your ability to weather conflict now is at its highest level of the day. Digital dexterity may shine as you're entering lengthy documents and correspondence into your computer.

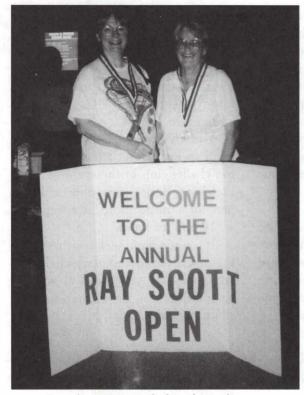
6-9 p.m.

Your thinking skills and reflexes are ready to rest. Don't attempt anything too challenging in the evening. Even exercising during this time makes it hard for some people to fall asleep later.

10 p.m. to 1 a.m.

If you're a night owl, you may begin to think with the stuff of which dreams are made. Try your hand at writing, composing music or writing whizbang ad campaigns.

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USA Badminton "club" st	atus will be given to MBA me	mbers who sign below:
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Badminton, I hearby agree to a	nd make the following contractual	l representations and agreements:
I fully realize the dangers of pa	rticipating in a strenuous athletic a	activity such as badminton, and fully assume
the risks associated with such p I hereby waive, release, and dis	charge for myself, my heirs, execut	tors, administrators, legal representative, an
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Sandy Norton (left) of Madison, Wisconsin and Priscilla Healey of Canton, Massachusetts "came back" all the way to Omaha for the 25th Ray Scott Open. See story starting on page 1.

Midwest Badminton Association

41555 S. Bellridge #621, Belleville MI 48111-1584

THANKS TO OUR 1997 MBA PATRONS

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&

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Indiana State Open Entry

FIRST CLASS MAIL Address Correction Requested